



ALTON MEMORIAL HOSPITAL 4K Fun Run/Walk

Saturday, June 10 • 9:30 a.m.

Glazebrook Park in Godfrey

**Registration for the 4K Run/Walk is \$20 in advance
and \$25 on the morning of the race.**

Proceeds benefit the AMH Heart Walk team and the American Heart Association.
Medals will be awarded to the top runners in each age group,
starting with 19 and under through 60 and older.

Refreshments will be available.

To register or for more information,
visit www.altonroadrunners.com
or call 618-972-8635.



Registration Form

Name _____ Age _____ Male Female

Address _____

E-mail address _____ Phone _____ T-shirt size _____

PLEASE RETURN THIS FORM TO RUSS AND KATHY COLONA, 709 RIDGEWAY, EAST ALTON, IL 62024